

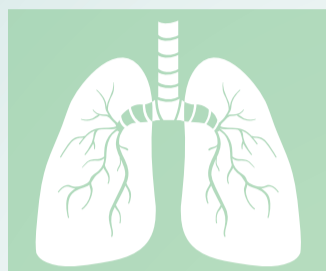
CORONAVIRUS

The best way is prevention.



What is CORONAVIRUS?

It is a virus that causes diseases ranging from a common cold to more severe breathing problems.



What are the symptoms?

(At least one sign or symptom)



Fever, sneezing, coughing, difficulty to breath, headache, weakness.

How does it transmit?

The transmission of the new CORONAVIRUS is from person to person, either by respiratory droplets or by contact with contaminated secretions, such as:

- Droplets of saliva;
- Sneeze;
- Cough;
- Catarrh;
- Close personal contact, such as touch or handshake; contact with contaminated objects or surfaces, followed by contact with the mouth, nose or eyes.



The period for the onset of symptoms is 5 to 16 days.

How to prevent CORONAVIRUS?

The Ministry of Health guides basic care to reduce the overall risk of contracting or transmitting acute respiratory infections, including the new CORONAVIRUS.

Among the measures are:

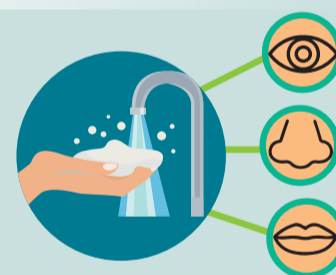
- Wash your hands frequently with soap and water for at least 20 seconds. If there is no water and soap, use gel alcohol.



- Cover your mouth and nose when you cough or sneeze with a tissue and throw it in the trash.



- Avoid touching the eyes, nose and mouth with unwashed hands.



- Avoid contact with people who have symptoms.
- Keep the room ventilated with the windows open.



- Do not share personal items such as cutlery and glasses.



- Clean and disinfect frequently touched objects and surfaces.

